

Will PMS Become a “Mental Illness” (PMDD)?

Rick Malter, Ph.D.
Malter Institute
© August, 2012

Organized psychiatry has been busy working on their new diagnostic manual (DSM V). One of the proposed new “mental illnesses” to be listed in the “mood disorder” section of the DSM V is Premenstrual Dysphoric Disorder (PMDD). In the DSM-IV, PMDD was listed in the Appendix, not yet a fully recognized “mental illness”. By a committee vote, PMS will be transformed into a real “mental illness” (PMDD) in the DSM V. This ploy by organized psychiatry and their Big Pharma supporters has several serious implications.

Not surprisingly, when I looked up PMDD on the DSM V web site, the “diagnostic” criteria for PMDD are copper toxicity symptoms. Since copper is closely related to estrogen, essentially what psychiatry is proposing is to transform a mineral and hormonal imbalance into a “mental illness.” PMDD would then be treated with a psychotropic drug. Several years ago, Eli Lilly marketed Serafem as the drug treatment for PMS or PMDD. What is Serafem? It’s pink Prozac! We can anticipate that once the new DSM V is published with PMDD listed as a “mood disorder” that Eli Lilly and other companies will launch an intense marketing campaign for Serafem and other psychotropic drugs to “treat” PMDD.

Psychiatry and its DSM diagnostic manuals have dominated the “mental health” field for decades. The DSM has been used by practitioners to file insurance claims for treating “mental illnesses.” In the vast majority of cases, the stresses of life impact a person’s psychological functioning. Anxiety and panic may occur. Anger and rage may explode. Thinking, eating, and sleeping may be disrupted by intense stress. For decades, organized psychiatry, through its DSM manuals, has transformed these reactions to stress into “mental illnesses” such as “social anxiety disorder.” Psychiatry’s solution is to prescribe drugs to “treat” these “mental illnesses” that they have invented.

These are very complex issues with very significant health and legal implications for teen girls and women. Here is a link to my power point slide program that goes into greater detail about these issues. Women need to become much more aware of what psychiatry and Big Pharma have in store for them.

<http://dl.dropbox.com/u/63295259/2012-07-26%2017.08%20New%20Meeting.wmv>

We are available to speak to women’s groups about this topic. If your group is local, have your program chair contact Rick, 649-9343. If you’re out of our area, we can present this via GoToMeeting or make travel arrangements.